

# Our Viewers Are Watching!

Dear Sirs,

I'm writing this letter to express my gratitude to a great doctor and a beautiful human being, as well as his wonderful staff.

Approximately four months ago, I was in severe agony due to left sided facial and cranial pain. This condition controlled my life for several years, and it was impossible to enjoy life no matter how hard I tried.

The last episode happened in mid-November '06, the pain lasted more than twenty days and I was in bed most of the time. I isolated myself from family and friends because the pain was uncontrollable. My prayers were finally answered one special evening while watching American Health Journal on PBS. I found out of a new treatment for TMJD given by Dr. Cohen. Thanks to his knowledge, my pain is controllable up to 60% and 70%. In the past, I was treated by many doctors unsuccessfully, but now that the pain is under control I have more energy. I started to exercise; I'm also following a nutritional program and lost twenty pounds in two and a half months. This is my testimony and I really hope that it will be of help to others that are suffering with this condition.

Never lose hope, sometimes we just need to be patient until the right doctor comes along. Thank you very much.

Sincerely,

Silvia Ramos

**A M E R I C A N  
H E A L T H  
J O U R N A L**